

EVACUATING A PATIENT WITH AN

# ANTI DECUBITUS MATTRESS

using the S-CAPEPOD Evacuation Sheet





## STEP 1:

Turn off the air pump.



## STEP 2:

Remove the fitted sheet.



### STEP 3:

Turn on transportation mode.



**Air valve**



**STEP 4:**

Remove / decouple the air valve.



## **STEP 5:**

This mattress is fixated to the bedframe with eight buckles.  
Release all the buckles before starting the evacuation.



## STEP 6:

Lower down the bed rails.



## STEP 7:

Now you can start using the S-CAPEPOD to evacuate the patient. Do this with two people. Position yourself on the side of the bed. Lift up the mattress and grab the yellow line.





## **STEP 8:**

Connect the flaps. Make sure to do this as tight as possible. This provides more comfort for the patient and keeps him/her safe on your way out.



## STEP 9:

Now connect the feet flap with the rest of the S-CAPEPOD.



## STEP 10:

Place the bed in the lowest position.



## **STEP 11:**

Release and grab the pulling straps on the head end and the feet end.





## STEP 12:

Remove the air pump.



## STEP 13:

In case you have enough space, place the bed in the most favourable position to ensure an easy exit.



## **STEP 14:**

Use the pulling straps to turn the mattress on the bed frame.  
Make this turn roughly 90 degrees.



## STEP 15:

Before lowering the mattress, ensure that the patient's bottom is over the edge of the bed frame. This allows you to make a 'wave effect' when lowering the mattress and smoothens the evacuation process.





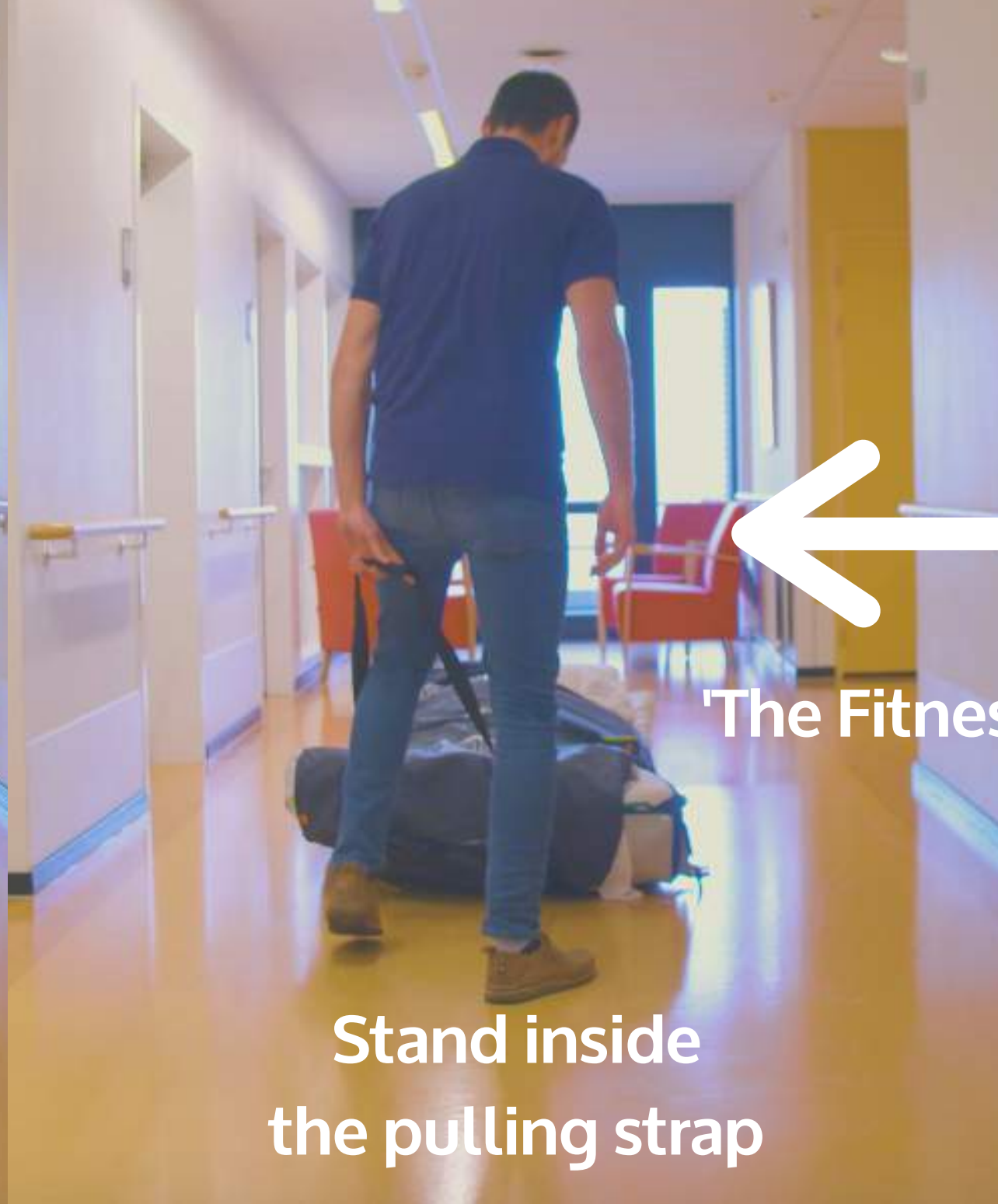
## **STEP 16:**

Now lower the mattress and you are ready to go.



## STEP 17:

During a horizontal evacuation you may ask your colleague for 'pulling assistance'. In case you can do this by yourself, your colleague can help other co-workers with the evacuation. Communication is key.



← "The Fitness Position" →

## STEP 18:

Use the 'pulling position' that you feel most comfortable with.

'The water ski position' helps you to remove pressure on your back. Keep your arms straight when pulling.

'The fitness position' lets you rely on the muscles on your leg. Only use this for horizontal evacuation, not for vertical evacuation.